High-fat diet propels prostate cancer by rewiring the metabolome and amplifying the MYC program

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Background: Systemic metabolic alterations associated with increased consumption of saturated fat and obesity are linked with increased risk of prostate cancer progression and mortality but the molecular underpinnings of this association are poorly understood. Furthermore, the mechanisms by which metabolic rewiring alters the prostate cancer epigenome, the effector arm of intra- and extra-cellular signals, is equally nebulous.

Methods: We used the Hi-MYC prostate cancer mouse model for global metabolic and chromatin profiling, chromatin immunoprecipitation followed by sequencing (ChIP-seq) and transcriptomic analyses (RNA-seq). We also leveraged dietary intake and transcriptomic data from the Health Professional Follow-up Study (HPFS) and Physicians' Health Study (PHS) and clinicopathologic as well as genome-wide expression profiles from validation cohorts.

Results: Here, we demonstrate, in a murine prostate cancer model, that high-fat diet (HFD) enhances the MYC transcriptional program through metabolic alterations that favour histone H4K20 hypomethylation at the promoter regions of MYC regulated genes, leading to a HFD-dependent phenotype characterized by increased cellular proliferation and tumour burden. Importantly, these results are recapitulated in prostate cancer patients, where increased saturated fat intake (SFI), but not monounsaturated or polyunsaturated fat intake, is also associated with an enhanced MYC transcriptional signature. Additionally, the SFI-induced MYC signature independently predicts prostate cancer progression and death. Finally, a dietary intervention consisting of switching from a high-fat to control diet, greatly attenuates the MYC transcriptional program. **Conclusions:** Our findings suggest that in primary prostate cancer, dietary fat intake contributes to tumour progression by mimicking *MYC* over expression, setting the stage for therapeutic approaches involving changes to the diet.

Conflict of Interest: M.A., N.E., M.T., J.L., E.A.G. & E.D. are employees of GenomeDx Biosciences. E.K. is currently employed of Metabolon.

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