

Prospective evaluation of germline genetic testing in prostate cancer screening among Japanese.

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Background: Hereditary component plays a significant role in prostate cancer (PCa) susceptibility. Recent GWAS have identified >150 susceptibility loci for PCa, and rare variants in genes such as *BRCA2* and *HOXB13* have also been reported to be associated with the disease. In the present study, we aimed to prospectively test the clinical utility of a common-variant based polygenic risk score (PRS) and also rare pathogenic variant detection of 8 DNA-damage repair associated genes by target sequencing.

Methods: PCSSNP is a multi-institutional cohort which enrolled patients undergoing prostate needle biopsy for the first time between January 2015 and March 2017. Germline DNA was extracted before biopsy. Genotyping of 16 SNPs associated with PCa identified by a genome-wide association study of Japanese population (Takata R, Nat. Genet, 2010) was performed,

and PRS based on a logistic regression model was calculated (Akamatsu S, Plos One, 2012). In addition, target genome sequencing of 8 DNA-repair associated genes (*ATM*, *BRCA1/2*, *BRIP1*, *CHEK2*, *NBN*, *PALB2*, *HOXB13*) was performed to identify pathogenic variants associated with PCa.

Results: Of the 1335 patients, 777 (58.2%) were diagnosed with PCa. Although PRS was significantly higher in patients with PCa, for the patients with PSA \leq 10 ng/ml, diagnostic ability of the PRS was only marginally better compared to PSA (AUC 0.61 vs 0.58), and was inferior to PSA density (AUC 0.72). However, the age adjusted odds ratio (OR) for the patients with PRS \geq 2.5 (6.2% of the cohort) was 4.82, and that for PRS \geq 2.0 (13.1% of the cohort) was 2.68, which is comparable to the age adjusted OR reported for family history of PCa. Among the patients diagnosed with PCa, those with higher PRS (PRS \geq 2.0) were significantly younger than those with PRS < 2.0 (69.4 \pm 0.63 vs 70.9 \pm 0.63, p=0.028). A rare pathogenic variant in a DNA repair gene was detected in 18 (2.32%) of the 777 PCa patients and 9 (1.61%) of the 558 non-PCa patients, respectively. The most frequent gene altered was *BRCA2* (n=11) followed by *HOXB13* (n=6). Overall, tumor stage and Gleason score did not differ significantly by the presence of the pathogenic variants. Interestingly, of the 6 patients with *HOXB13* variants, five were p.Gly132Glu alteration, which was recently identified as a novel pathogenic variant in a large-scale Japanese case-control study, and all of them had PCa. No patient had the previously reported *HOXB13* p.Gly84Glu or p.Gly135Glu variants, suggesting that allele frequency of pathogenic variants differ between ethnic groups.

Conclusions: Our data suggest that even though the utility of PRS is limited in the cohort with known PSA, genetic testing with PRS and target sequencing can identify ~15% of the population with very high risk of PCa who may benefit from early screening.

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